**Michael Poling, M.Sc.(Kin), M.Sc.(PT)**

**Abbreviated Curriculum Vitae**

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| **NAME:** **Poling, Michael** |
| **DATE:**  | October 25, 2011 |
| **ONTARIO LICENCE NUMBER**: | 12205 |
| **CURRENT ACADEMIC APPOINTMENT / POSITION:** Physiotherapist/Faculty |
| **PHONE:** (807) 344-5242 **CELL:** (807) 473-6453 |
| **E-mail:** poling.mike@gmail.com  |

**EDUCATION / FELLOWSHIPS:**

|  |  |  |  |
| --- | --- | --- | --- |
| Degree | Year | Institution  | Location (City, Country)  |
| M.Sc.(PT) | 2004 | McMaster University Physiotherapy Programme | Hamilton, Ontario |
| M.Sc.(Kin.) | 1995 | Lakehead University Kinesiology Programme | Thunder Bay, Ontario |
| H.B.P.E. | 1993 | Lakehead University Kinesiology Programme | Thunder Bay, Ontario |

**TYPES OF EVALUATIONS CONDUCTED:**

|  |  |
| --- | --- |
| **Evaluation Type** | **Notes on evaluations** |
| **Ergonomics** | **Conducted since 1993** |
| **Functional Ability Evaluations** | **Conducted since 1993** |
| **IME’s (Incl. Section 42)** | **Conducted since 1996** |
| **Rebuttal Reports** | **Conducted since 2004** |
| **Medical-Legal Reports** | **Conducted since 2002** |
| **Job Site Analyses** | **Conducted since 1995** |
| **In Home Assessments** | **Conducted since 2000** |
| **Form 1’s** | **Conducted since 2000** |
| **Legal testimony regarding Functional Ability/Capacity Evaluations** | **Conducted since 1998** |
| **Gait Analysis** | **Conducted since 1994** |

**EMPLOYMENT HISTORY:**

|  |  |
| --- | --- |
| Dates | Position |
| 2004 -- present | Northern Ontario School of Medicine –Faculty Member-Lecturer |
| 2007 -- present | President/Physiotherapist- Fairway Physiotherapy Clinic, Thunder Bay, Ont. |
| 2004 – 2007 | CBI Health - Ontario – Physiotherapist |
| 2000 – 2002 | CBI Health - Ontario – Kinesiologist / Senior Clinician |
| 1999 – 2000 | Acclaim-SBA Disability Management – Disability Manager/Regional Manager |
| 1998 – 1999 | Clinic Manager – CBI Health – Regina |
| 1997 -- 1999 | Program Coordinator/Regional Trainer – CBI Health – Alberta |
| 1995 -- 1997 | Kinesiologist – CBI Health Alberta |

**POSTGRADUATE CERTIFICATIONS/NATIONAL/INTERNATIONAL EXPERIENCE**:

* 2011 Orthopaedic Division Level 3 Lower Quadrant
* 2011 College of Physiotherapists of Ontario Practice Evaluation Assessor
* 2011 McKenzie Institute MDT Credentialing Exam-successful completion
* 2010 Acumed Surgical Fixation Device Training Course
* 2010 McKenzie Part E Peripheral Treatment Course
* 2010 McKenzie MDT Part D Course
* 2010 Orthopaedic Division Level 2 Course-Upper
* 2009 Orthopaedic Division Level 2 Course-Lower
* 2009 McKenzie MDT Part C course
* 2009 McKenzie MDT Part B Cervical and Thoracic Spines-Refresher
* 2008 Soft Tissue Release/Myofascial Release course, Thunder Bay, Ont.
* 2007 CAFCI Certification obtained for Acupuncture
* 2007 Mulligan NAGs/SNAGs Manual Therapy course –Upper Extremities
* 2007 Acupuncture Level 2A/3A- Acupuncture Foundation of Canada Institute (AFCI)
* 2006 Paediatric Orthopaedic Therapy course-Minneapolis, MN, Levels 1 & 2
* 2006 Butler Level 2 Neurogenic Pain Course –Treatment/Assessment
* 2005-Present Ongoing Clinical Science Division Lunch and Learn-attended over 30 in 4 years
* 2005 Butler Level 1 Neurogenic Pain Course –Treatment/Assessment
* 2005 Advanced Manual Therapy Training Level 1 Exam
* 2004-6 McKenzie MDT Part A-Lumbar Spine Certification -Refresher
* 2004 **Medical Team**-**National Cycling Championships**-Hamilton, Ontario
* 2004 Diane Lee Introduction to the Pelvis Course
* 2004 Diane Lee Thorax and Shoulder Girdle Course
* 2004 Completed certification in Chedoke McMaster Stroke Assessment
* 2004 Mulligan NAGs/SNAGs Manual Therapy course-Lower Extremities
* 2003 Acupuncture Foundation of Canada Institute Part 1, Level 1 Certification
* 1998 Isernhagen Certified Functional Evaluator
* 1998 Clinical Coordinator of Alberta WCB Occupational Rehab Program
* 1997 Roy Matheson Functional Evaluator Course
* 1996 McKenzie C and D Spinal Assessment Course
* 1996 CBI Associate Therapist (Senior Clinician) Level Exam completed and awarded
* 1996 **Scott Tournament of Hearts** and **Calgary Stampede Marathon** Medical Team
* 1995 **World Nordic Games**- Medical Team/Doping Control Team
* 1995-present **Certified Doping Control Officer** for Canadian Centre for Ethics in Sports
* 1995 Certified EPIC Lift Evaluator <http://www.epicrehab.com/elcdb/elc_db_srch>
* 1995 McKenzie A and B Spinal Assessment and Treatment Certification
* 1995 Completion of Level 2 Gait Analysis certification-Ranchos Los Amigos, California
* 1994 Completion of CBI Health Spinal Rehabilitation Certification & FAE Certification
* 1994 Nominated and elected to **FIFA International Board on Sports Medicine**
* 1993 Level 1 Gait Analysis certification-Ranchos Los Amigos, California

**PROFESSIONAL COMMITTEE WORK**

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| --- | --- | --- |
| Committee | Organization | Inclusive Dates |
| Executive Board | NWO Chapter Ontario Physiotherapy Association | 2004-2009 |
| Executive Board, Founding Member | Canadian Kinesiology Association | 2000-2003 |
| Functional Abilities Evaluation Credentialing Committee | WCB Saskatchewan | 1999 |
| Steering Committee | Canadian Kinesiology Association | 1999 |
| Statistical Outcomes Measurement Committee | WCB Saskatchewan | 1999 |
| Executive Board, Member at Large | Ontario Kinesiology Association | 1999-2000 |
| Founding Member, President | Alberta Kinesiology Association | 1998-1999 |
| Discussion Panel on Functional Capacity Evaluations | WCB Alberta | 1998 |
| Executive Committee, Public Relations Committee Chair | British Columbia Kinesiology Association | 1997-1998 |

**ACADEMIC APPOINTMENTS**

|  |  |  |
| --- | --- | --- |
| Position | Institution (City and Country) | Inclusive Dates |
| Faculty-Professional Associate | McMaster University | July 2007 – June 2012 |
| Faculty Member-Instructor | University of Toronto-Faculty of Medicine  | 2008-2012 |
| Faculty Member -Lecturer | Northern Ontario School of Medicine-Thunder Bay | 2004 – Present |
| Clinical Preceptor | University of Toronto | 2007 – Present |
| Lecturer/Clinical Preceptor | McMaster University Northern Studies Stream | 2004 – Present |
| Sessional Lecturer | University of Lethbridge | 1997-98 |
| Sessional Lecturer | Lakehead University  | 1994-95 |

**AWARDS**

Canadian Kinesiology Association -Award of Recognition 2002

Ontario Kinesiology Association –Award of Recognition 2001

Commission on Accreditation of Rehabilitation Facilities (CARF)

 -Highest accreditation level-3 Year Accreditation 1996, 1999, 2006

Baziuk Family Sports Medicine Award 1992, 1993

**ACADEMIC TEACHING**

|  |  |  |
| --- | --- | --- |
| Position/Lecture | Institution (City and Country) | Inclusive Dates |
| Invited Lecturer | Northern Ontario School of Medicine-Clinical Reasoning in Medicine | May 2008 |
| Invited Lecturer | McMaster Physiotherapy Programme-Physiother 734\* - INTEG PRACT-CLIN 5 Spinal Care | Feb 2005 & 2006 |
| Invited Guest Speaker | Ontario, BC and Canadian Kinesiology Association Annual General Meeting | Sept 2001 |
| Invited Guest Speaker | Ontario, BC and Canadian Kinesiology Association Annual General Meeting | Sept 1999 |
| Invited Guest Speaker | Health Care in the Year 2000 Seminar-Ottawa | 1999 |
| Submitted Guest Speaker | Ontario, BC and Canadian Kinesiology Association Annual General Meeting | 1998 |
| Invited Presenter  | Lakehead University Graduate Student Conference | 1996 |
| Submitted Presenter | 1995 International Symposium on Biomechanics in Sport | 1995 |

**CONTINUING PROFESSIONAL DEVELOPMENT TEACHING**

|  |  |  |
| --- | --- | --- |
| Position/Lecture | Institution (City and Country) | Inclusive Dates |
| Non-Pharmacological Treatment in Managing Persistent Pain | Northern Ontario School of Medicine | 2009-2010 |
| Spinal Care training | McMaster Physiotherapy Unit 5 NSS | Aug 2004 & Aug 2005 |
| Gait Analysis | Ontario Kinesiology Association & Ontario Physiotherapy Association | May 2000, May 2001 |
| Invited Lecturer | Ontario, BC and Canadian Kinesiology Assoc. | 1994 – present |
| National Trainer | Canadian Back Institute | 1998 - present |
| Regional Trainer | Canadian Back Institute | 1997 - present |

**CLINICAL TEACHING:**

|  |  |  |
| --- | --- | --- |
| Position/Lecture | Institution (City and Country) | Inclusive Dates |
| Clinical Preceptor | Northern Ontario School of Medicine –Resident Program | 2008 - Present |
| Clinical Preceptor | University of Toronto | 2007 - Present |
| Clinical Preceptor | McMaster University | 2005 - Present |
| Module 104, 105 Facilitator | Northern Ontario School of Medicine | 2007 – present |
| Objective Structured Clinical Exam (OSCE) Evaluator | McMaster University –School of Rehabilitation Sciences-Physiotherapy | 2005, 2006, 2009 |
| OSCE Evaluator | Northern Ontario School of Medicine | 2005-2009 |
| Module 107 & 108-Facilitator | Northern Ontario School of Medicine | 2006 - present |
| Structured Clinical Skills 106 &107 | Northern Ontario School of Medicine | 2006 - present |
| Lecturer | Ontario, BC and Canadian Kinesiology Assoc. | 1994 – present |
| National Trainer | CBI Health | 1998 – 2007 |
| Regional Trainer | CBI Health | 1997 - 2007 |

**PROFESSIONAL ORGANIZATIONS:**

Canadian Physiotherapy Association 2002 – present

Ontario Physiotherapy Association 2002 – present

Acupuncture Foundation of Canada Institute 2005 – present

International Association for the Study of Pain 2009 – present

Ontario Kinesiology Association 1993 – 2003

Canadian Kinesiology Association 2000 – 2003

**RESEARCH FUNDING:**

|  |  |  |
| --- | --- | --- |
| Date and level | Organization/Project |  |
| 2005-2006-Peer reviewed | Stacey D, Martin-Ginis K, Poling M, Gibala M. Testing the Water: Are the Effects of Hydrotherapy More Psychological Than Physiological?, American College of Sports Medicine Poster Presentation. Principle Researcher-Douglas Stacey |  |
| 2003-Non-peer reviewed | Patient subjective history and objective data collection module development (on-going)- Primary Investigator |  |
| 2002-Peer reviewed | Orthopaedic Test Database Development (completed 2004)-Michael Poling M.Sc.(Kin), M.Sc.(PT), Mark Howard, M.Sc.(PT), Submitted to McMaster University Physiotherapy Class of 2004. |  |
| 2000-Privately commissioned | Patient Transfer Technique Development project (completed 2001)-submitted to Acclaim Disability Management for implementation in North Bay and Sudbury hospitals |  |
| 1998-Peer reviewed | Poling M, Bauer T, Perkins J. HAMSTRING CONTRACTILE TIMING IN ANTERIOR CRUCIATE LIGAMENT DEFICIENT PATIENTS Lakehead University, Thunder Bay, Ontario, Canada. International Symposium on Biomechanics in Sport |  |
| 1995-Peer reviewed | Poling M, Bauer T. Temporal Comparison Of Hamstring Co-Contraction Latency In Anterior Cruciate Deficient Knees-A Pilot Study, International Symposium on Biomechanics in Sport, 1995 |  |

**COMMUNITY INVOLVEMENT**

|  |  |
| --- | --- |
| Date | Project |
| 2009 | Working with your Low Back, City of Thunder Bay Employee Wellness Day, Thunder Bay |
| 2009 | Headache Management and Evaluation, Health and Wellness Fair, Thunder Bay |
| 2009 | Managing the Symptoms of Rheumatoid Arthritis -55 Plus Centre, Thunder Bay |
| 2008 | Basic Guide to Ergonomics-Provided free of charge to all Chamber of Commerce members |
| 2008 | Non-Pharmacological Methods of Pain Control in Palliative Populations |
| 2008 | Working with Your Low Back- Back Pain management seminar-Thunder Bay Public Library |
| 2007 | RSI Day Presentation-Repetitive Strain Injuries- A New Look at an Old Problem- Injured Workers Association & WSIB |
| 2007 | OACAO presentation-How to Keep Your Back Behind You-“Health and Well-Fair” |
| 2007 | Repetitive Strain Injuries-Shaw Television Jan 31, 2007 appearance |
| 2006 | Public presentation-Controlling your Lower Back Pain-Port Arthur Clinic |
| 2004 | “Clap for Johnny”, Public Education Project on Cystic Fibrosis, Michael Poling, Heather Finn, Julie Pelletier, Tracey Miller. |
| 2003-present | Avid member of physiotherapy discussion boards-Internet community |
| 2000-present | Science.ca featured scientist –Ask a Scientist website |
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# LICENSURE

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| Licensure | Date Received |
| College of Physiotherapists of Ontario | Sept 2004 – Present  |
| McKenzie Institute International Active Member Cred. MDT | Jan 2011 -- Present |
| Acupuncture Foundation of Canada Institute | 2005 – Present  |
| International Association for the Study of Pain | 2009 – Present |
| Association of Certified Ergonomists | 1996 – 2001  |
| Ontario Kinesiology Association | 1991 – 2004  |